

Sara Anna Powers
PURSUE YOUR POWERFUL PURPOSE



Four Success Strategies

THAT FAITH-CENTERED
WOMEN USE DAILY!

- Sara Anna



About Your Host:

Sara Anna Powers is a faith-centered Success Coach and Copywriter whose goal is to help you uncover your skills and talents so that you can refine and leverage them within the marketplace. She's helped her own clients create multi-five-figure launches and sell out programs, and she's thrilled to offer you her daily success tips! Sara Anna can be found online at

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Now, let's dig into these Success Strategies, which, when practiced daily, will revolutionize your life and business! It's time for you to pursue your powerful purpose!

Strategy Number 1:

DEVELOP A DAILY GRATITUDE PRACTICE.

You get of what you

Here's a quick exercise! Take this handout into our closet and look at all the BLUE items that you have there! Now, leave the closet and take the next few lines to write out all the **RED** items in your closet.

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How did that exercise go for you? Were you able to write about the red items? Probably not, because you were instructed to focus on the **BLUE** items!

We get more of what we focus on. So make it your daily habit to think of all the things you are thankful for!

Write out 5 things you are thankful for each day. Make all of these things different each day, and you'll really start to see how much you have to be thankful for!

Let's start today:

- 1. I'm grateful for
- 2. I'm grateful for
- 3. I'm grateful for
- 4. I'm grateful for
- 5. I'm grateful for

Philippians 4: 6-7 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Strategy Number 2:

SOAK.

This isn't about a bubble bath {that's more of a relaxation strategy}:-)

Every day, soak in the presence of God.

Our relationship with God is not dependant upon our "doing" things. When we make our faith a check-list, we do ourselves a disservice. Soaking allows us to "just BE" with the Lord.

When I soak, I choose some worship music that speaks to my soul. I look for songs that talk about God's **GOOD** qualities. My go-to music is All Sons and Daughters or Shane and Shane.

After I've worshipped through music, I'll open the Bible and read.

Then I just invite God into the moment and ask Him relational questions.

For example, instead of asking, "God, what should I do," I'll ask, "Jesus, how do you **FEEL** about this situation?"

They key here is to sit and listen for the Holy Spirit's answer.

Try it today:

Songs I listened to during my soaking time:

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Verses I read during my soaking time:

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Here's what I asked the Lord:

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Here's what I felt the Lord saying to me:

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Strategy Number 3:

MONEY TRACKING!

Does this seem incongruent with a faith-centered approach?

Well, God created money, and He wants us to steward it well!

There's a lot of misinformation about money. For example, the verse isn't "Money is the root of all evil." It's "the love of money can be a root of all sorts of evil." See 1 Timothy 6:10.

Money can be a root of evil, but so can just about anything else! Money in itself is amoral. It can be used for extraordinary good, or extraordinary evil. It's all about our hearts.

Let's look at the Proverbs 31 woman for a few moments.

Read through Proverbs 31 and write out some of the attributes of the woman depicted here:

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Now ask Jesus some relational questions about you and money.

You could ask him, "Jesus, how do you feel about me having more than enough money to meet my needs?"

Write down what you hear God saying to you when you ask this question.

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Or ask, “God, how do you feel when I make money from the services I provide to those around me?”

What do you sense God speaking into your spirit when you ask that question?

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Finally, ask God, “Do I have any opinions about money that aren’t from YOU? Will you show me what those are, and let me know how YOU feel about me and money?”

What do you sense God is sharing with you when you ask those questions?

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Try this strategy: Track your money each and every day. Get comfortable with looking at each of your bank accounts every day. There is power in knowledge. God has not given us a spirit of fear around our finances.

Strategy Number 4:

DEVELOP A STRONG COMMUNITY!

If we are made in the image of God, then we are relational beings! He is God the Father, Jesus the Son, and the Holy Spirit. So it only follows that relationships are critical for our well-being.

God's word clearly lays out the benefits of community:

1 Thessalonians 5:11 Therefore encourage one another, and build each other up, just as in fact you are doing.

Ecclesiastes 4:9-10 Two are better than one, because they have a good return for their labor. If either of them falls down, one can help the other up.

Each day, take ONE action that can help to build your supportive community. Write down three examples of actions you can take to begin doing this:

1.
2.
3.

The best relationships are built with

You must invest in relationships.

There are two KEY relationships you should develop:

- 1.
- 2.

You are a woman of faith, and He has destined you for success! You are already victorious through Jesus! I hope that you'll use these 4 Success Strategies to become even more free and fulfilled!

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Be so blessed!

- Sara Anna



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